

STUBBORN FAT REDUCTION IN HARD TO REACH AREAS

THE EFFICACY AND SAFETY EVALUATION OF A TECHNOLOGY USING RADIOFREQUENCY HEATING WITH SUPERFICIAL ACTIVE COOLING FOR LOCALIZED FAT REDUCTION

Nicole Hayre¹

1. Cosmetic Dermatology Center, McLean, VA, USA

Highlights

- 25 patients (29-60 years; skin types II-IV)
- Four treatments of various hard to reach body areas delivered 7-14 days apart
- **Ultrasound fat thickness** measurements were taken at 1-month and 3-month follow-ups
- **82.6%** of patients reported a **reduction in the treated fat deposits**

22%

Fat reduction in
hard to reach areas

87%

Improvement in overall
appearance



Reduction in fat was observed in a 60-year-old patient at the 6-month follow-up visit (right) compared to baseline (left)