

HIFEM FOR URINARY INCONTINENCE POST PROLAPSE SURGERY: **6-MONTH DATA**

HIFEM PROCEDURE FOR TREATMENT OF PERSISTENT URINARY INCONTINENCE POST PELVIC ORGAN PROLAPSE AND ANTI-INCONTINENCE SURGERY

Manish Gopal, M.D., MSCE¹

1. Center for Urogynecology and Reconstructive Pelvic Surgery, NJ, USA

Published in Journal of Women's Health Care: November 28, 2023, DOI: 10.35248/2167-0420.23.12.701

HIGHLIGHTS

- Fifty females (36 79 years), post pelvic organ prolapse surgery were enrolled in this study.
- Patients were divided into two subgroups according to the number of deliveries (up to 2 or 3 and more).
- Each patient received six HIFEM treatments administered twice a week.

Results at 6 months:

- Patients reported a significant **improvement in lower urinary tract symptoms** (BFLUTS-SF) that assess a wide range of symptoms, including incontinence and impact on the quality of life.
- In the subgroup with three or more deliveries, patients showed greater overall improvement compared to those in the subgroup with two or fewer deliveries.
- The greatest improvement was observed in **incontinence (43%)**, feeling of **full** bladder **(27%)** and ability to **empty** the bladder **(42%)**.





