

COMBINED TPE, RF, AND HIFEM TREATMENT: FOR BODY SHAPING AND SKIN QUALITY IMPROVEMENT

EFFECTIVENESS OF COMBINED USE OF TARGETED PRESSURE ENERGY,
RADIOFREQUENCY AND HIFEM FIELDS TO IMPROVE SKIN QUALITY AND
APPEARANCE OF FAT AND MUSCLE TISSUE IN DIFFERENT BODY PARTS

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HIGHLIGHTS

- 32 subjects (21–64 years, BMI 17.4–33.5kg/m²) underwent four **consecutive RF+TPE and HIFEM+RF treatments** on thighs, saddlebags, lateral thigh, abdomen, buttock, or upper arms
- Significant circumference reduction ($p < 0.05$) most prominent at 3 months
- Circumference reduced by **-5.2 cm on the abdomen, -3.0 cm on thighs, -5.5 cm on saddlebags and -2.5cm on arms**
- **94%** of patients were **satisfied** with the results and, **93%** noticed an improvement in **cellulite and skin laxity**

BASELINE

1-MONTH FOLLOW-UP



Figure 1. Female abdomen before and 1 month after treatments resulting in fat reduction and muscle toning. The umbilical area appears noticeably tighter.

BASELINE

1-MONTH FOLLOW-UP



Figure 2. Female lateral thigh and buttock area before (left) and 1 month after (right). The buttock contour is rounder and lifted, skin condition improved as cellulite bumps and dimples evened out.

BASELINE

3-MONTH FOLLOW-UP

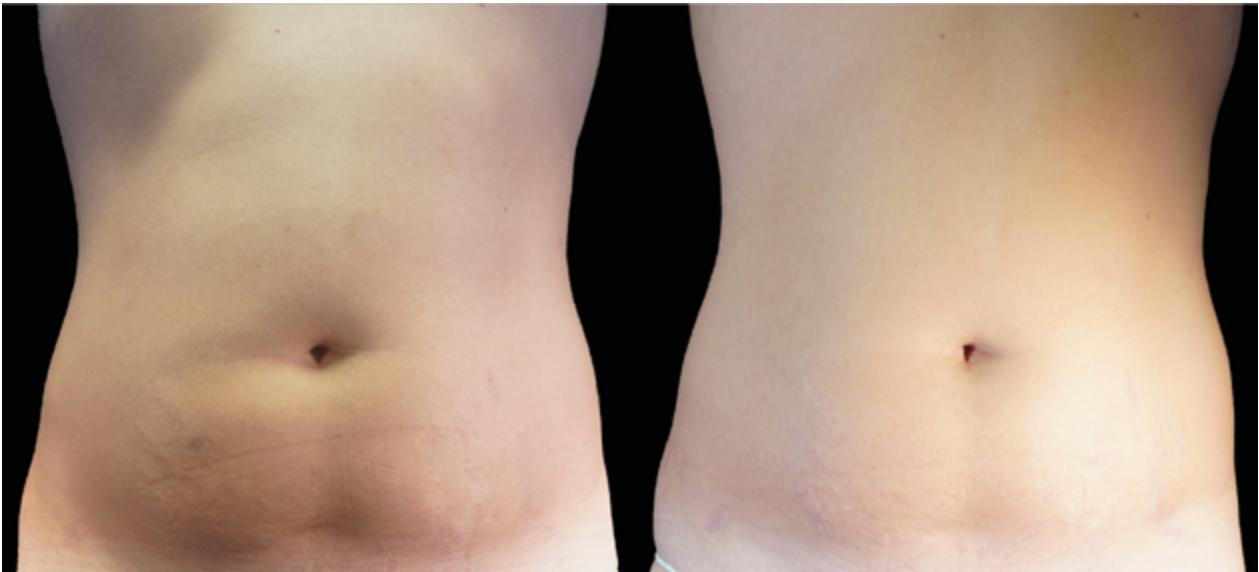


Figure 3. Male abdomen before (left) and 3 months after (right) combined treatment. Photographs indicate a better abdominal muscle definition post-treatment. Skin texture appears smoother, the fine lines have reduced and skin looks tighter.